



03 OCT ALPHA-STIM: POWERFUL ADDICTION TREATMENT TECHNOLOGY BY RUDY SPECTOR

Posted at 19:21h in Addiction & Treatment, Detox
Addiction Treatment by Foundry Treatment Center 0
Comments 0 Likes Share

Alpha-Stim is a powerful treatment tool to help individuals achieve recovery and relieve pain, anxiety, depression and insomnia – all without the use of medication.

These challenging symptoms, which present additional obstacles to those entering recovery, are controlled by the the billions of different cells that comprise the body's central nervous system. With every sensation, these cells communicate by conducting electrochemical signals between the your body and brain.

A clinically proven medical device, Alpha-Stim treats the body at the electron level by changing the electrical and chemical activity of certain nerve cells in the brainstem. By transmitting a unique electrical waveform to modulate the cells' signals, cells are returned to baseline, normal

functioning. No pain or discomfort is experienced while using Alpha-Stim.

In essence, the Alpha-Stim focuses on achieving equilibrium in the “alpha” state of your brain, which can be measured and monitored on an electroencephalogram recording. In a healthy alpha state, stress-effects are reduced, as well as agitation. A patient’s mood is more stabilized, and the ability to regulation sensation and perception of particular types of pain are improved.

When treating anxiety, insomnia, and depression, a current is applied with easy-to-use clips attached to the ear lobes for at least 20 minutes several times per week, or on an as-needed basis. Anxiety is reduced immediately while insomnia and depression may require up to three weeks to see a significant change.

When treating pain with the Alpha-Stim, two wands or attachable electrodes are placed directly at the site of the pain. A microcurrent waveform signals the cells to immediately and significantly reduce the sensation of pain. Results can be felt instantaneously.

Whether you are treating anxiety, depression, insomnia or pain, a pleasant and relaxed feeling of well-being will be experienced. I have seen Alpha-Stim help countless people reduce the discomfort and pain that is common in the first stages of recovery. This treatment is available to all participants during a residential treatment stay.

– Rudy Spector is a Registered Nurse at The Foundry, a rehab and substance abuse treatment center in Colorado.