

Alpha-Stim Technology Featured in New American Psychiatric Association Book on Complementary and Integrative Treatments

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Complementary and Integrative Treatments in Psychiatric Practice

The [American Psychiatric Association](#) recently released [Complementary and Integrative Treatments in Psychiatric Practice](#), a book with unrivaled scope, easy readability, and outstanding clinical relevance. The APA says it is an indispensable resource for psychiatric and other health care professionals, also well suited for individuals with mental disorders and their family members who are seeking updated, practical information on complementary, alternative, and integrative medicine (CAIM).

The technology behind the Alpha-Stim is featured in a chapter titled *Cranial Electrotherapy Stimulation in the Psychiatric Setting*. It explores topics such as the advent of CES technology, the mechanisms of action that are used, and physiological and psychological effects of cranial electrotherapy stimulation on anxiety, pain, depression and insomnia.

The feature on the impact on CES technology in the psychiatric setting was a collaboration between executive team members from Electromedical Products International Inc. and fellows from the [American Institute of Stress](#).

[Daniel L. Kirsch, Ph.D.](#) is the Chairman of Electromedical Products International, Inc. and the President of the American Institute of Stress. He has over four decades of experience in the medical field, including extensive clinical practice experience, and has been working extensively with the United States military since 2005. Kirsch held board certification in pain management with the American Academy of Pain Management since 1990. Throughout his career, Dr. Kirsch has designed medical devices and their applications and developed clinical systems for implementing pain and stress control technologies.

[Dr. Jeff Marksberry](#) serves as the Vice President for Science and Education at Electromedical Products International Inc. He has more than ten years of experience in medical education as a special consultant for two international medical schools. He also has expertise in medical licensure regulations for all 50 states and sovereign Native American governments as well as Canada, Australia, New Zealand and The Netherlands. His focus areas included writing curriculum for continuing medical education programs for medical schools and universities.

[Dr. Michel Woodbury-Farina](#) is an American Institute of Stress fellow from Puerto Rico, and Chair of the Daily Life Stress Board. In addition to running his own private practice in Puerto Rico, Dr. Woodbury-Farina is an Associate Professor at the University of Puerto Rico School of Medicine. His areas of research include psychiatric epidemiology, Phase III Pharmaceutical trials in adult and adolescent schizophrenia, and adult depression and nutritional studies on adult schizophrenics.

[Timothy Barclay, Ph.D.](#) is an American Institute of Stress fellow from Virginia. He is a Licensed Clinical Psychologist, and an Associate Professor of Psychology at Liberty University. He specializes in the treatment of PTSD, depression, anxiety, obesity and the use of non-invasive brain stimulation techniques. Barclay's background includes time served as both a police officer and a U.S. Army Ranger. He is also the creator of the High Capacity Model of Well-being, and the President of Psychotherapy Solutions, L.L.C.

