

Cranial Electrotherapy Stimulation (CES) Featured on Doctor Oz

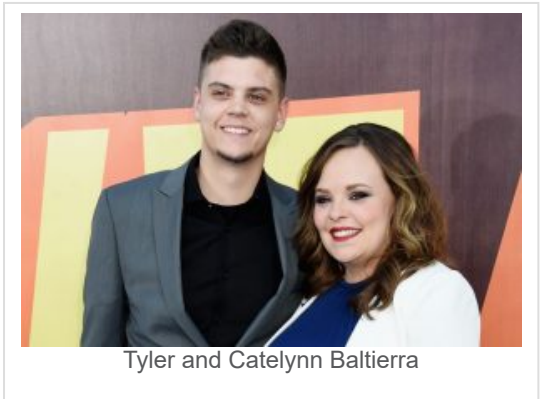
Aug 5, 2018 | Anxiety, Depression, featured, Media Articles, News, Press, Testimonial



The July 12 airing of [The Dr. Oz Show](#) featured a segment on the methods used by Tyler and Catelynn Baltierra to combat their anxiety and depression. The *Teen Mom* stars have been vocal about the importance of mental health, and took to the show to share their coping strategies with a large audience.

Tyler spoke to Dr. Oz of his “life-changing” experience with cranial electrotherapy stimulation (CES), in which microcurrents of electricity are delivered to the brain. Alpha-Stim® is a CES device that is a fast, safe, and effective treatment for [anxiety](#), [depression](#), [insomnia](#), and [pain](#). It is FDA cleared, and since it is not a drug, it carries no risk of addiction or lasting side effects. Alpha-Stim brings clinically significant relief to nine out of ten users and outperforms many commonly prescribed medications.

The same day the Dr. Oz segment aired, Baltierra posted on Twitter about his experience with Alpha-Stim.



Tyler and Catelynn Baltierra



Tyler Baltierra ✓ @TylerBaltierra · Jul 12

I LOVE using my @AlphaStim to help with my anxiety, depression, meditation & sleep! Guys, I SWEAR this all natural device works wonders! #KeepTalkingMH

A devotee of Alpha-Stim, he has experienced firsthand what decades of [independent clinical studies](#) have proven: Alpha-Stim works, and it works well.

When [rumors circulated](#) earlier in the year that he was headed to rehab for mental health issues, Baltierra tweeted “I am not going to rehab. I had a therapy appointment yesterday, I do Alpha-Stim session & looking into EMDR therapy as well.”

If you suffer from anxiety, depression, insomnia, or pain, why not try the CES device that has so many people talking?

In the U.S., Alpha-Stim requires an order by a licensed healthcare practitioner, but is available without prescription outside of the country.